



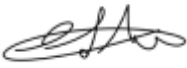
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Physical Education Policy

Reviewed on: 15th September 2025

Next Review due: Autumn 2027

Signed by:  Chair of Governors

Signed by:  Headteacher

Introduction

At Ranelagh Primary School, we believe that Physical Education (PE) contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. As well as providing, the children time to develop on their leadership and team player skills.

PE enables children to learn confidence, perseverance, team spirit, positive competitiveness and organization. Children must engage in a programme of PE that encourages fitness, improves their strength and teaches them the rules of games. PE is an integral part of school practices allowing all children in the school to gain a sense of achievement and develop positive attitudes towards themselves and others.

Funding

Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. This funding will be used to make additional and sustainable improvements to the quality of PE and sport we offer.

We use the sport premium to:

- Develop or add to the PE and sport activities that we already offer including extra-curricular clubs.
- Allow the children to develop and use their skills learnt in PE and extra-curricular activities to take part in competitions outside of school.

There are 5 key indicators that we should expect to see improvement across: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;

The profile of PE and sport is raised across the school as a tool for whole-school improvement;

- Increased confidence, knowledge and skills of all staff in teaching PE and sport;
- Broader experience of a range of sports and activities offered to all pupils;
- Increased participation in competitive sport.

As part of the funding criteria, we are required to publish details (on our website) of how we plan to spend the money and a review of the impact on pupil outcomes.

Aims and Objectives

- To be physically active.
- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.

- To develop an awareness of their body in relation to others and their immediate environment and aim to promote quality of movement.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To develop fine-motor skills through a range of relevant movement based activities.
- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To develop personal characteristics like initiative, self-reliance and self-discipline.
- To develop areas of activity of their choice in extra-curricular time in a range of different sports.
- To promote positive attitudes towards health, hygiene and fitness through:
 - Following the conventions of fair play and honest competition
 - Coping with success and limitations in their performance
 - Persevering with and consolidate their performances
 - Being mindful of others in their environment
 - Fostering an appreciation of safe practice.
 - Developing an understanding of the physiological changes that occur to their bodies during exercise.
 - Developing imagination and co-operation to achieve shared goals.

Curriculum

At Ranelagh we have bought into and follow the 'complete PE' scheme which is made up of the areas of physical activity such as games, gymnastics, dance, athletics, swimming and out-door activities which are set out in the Foundation Stage Curriculum and National Curriculum 2014.

Within the 'Complete PE' scheme, we follow a 2-year curriculum plan for phases to follow up to LKS2 and then individual classes within years 5/6. A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities.

As part of our curriculum, we also take part in intra competitions. Each phase takes part in around three intra competitions a year and this fits in with the unit of work they have been focusing on that half term. Like our curriculum, this is on a two-year basis. This is an opportunity for children to show the skills they have learnt and put it into practise in a competitive manner

The PE curriculum builds on progressive learning objectives, which, combined with varied, and flexible teaching styles, endeavor to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

The curriculum aims to promote an understanding of the many benefits of exercise and a healthy lifestyle through a balanced range of relevant activities.

Physical education is considered as a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

Planning

Planning for PE is initially shown in the 2-year curriculum plan as well as on the schools login on 'Complete PE'. Medium term plans (MTPS) and weekly lesson plan show more detailed learning objectives and differentiated activities.

Each year group covers certain aspects of the curriculum during the child's time at the school. Each teacher has a copy of the skills of progression document, which will help him or her in ensuring they are using the relevant language appropriate for their year group.

Recording

Recording of PE is done electronically on the school drive. Each class has an area where teachers are expected to put evidence on after every lesson. This evidence consists of at least one video of the children doing an activity and one video of the children being interviewed. The questions that the children are being asked are from the complete PE lessons plans.

Resources

The facilities for the teaching of physical education at Ranelagh Primary school include a hall, a playground and astro turf. All teachers have access to centrally stored PE resources and larger apparatus used for gymnastics. All PE resources are checked regularly to ensure that they meet health and safety requirements.

Assessment / Monitoring

Class teachers carry out summative and formative assessment in PE.

After every half term, each teacher assesses the child using the assessment tracker sonar, on whether they have achieved learning objectives that they have taught within that topic. The areas that these objectives fall under are communication, competence, participation and performance. This is assessed by below, working towards, expected or above expectations.

As well as this, most of our extra-curricular activities are also assessed formally after every session and are put on the sports providers' website.

During some lessons we use child self/ peer assessment to support children in being reflective in their lessons and with their own achievements.

At the end of every year, we inform the parents by reports of the children's attainment level that year, which we use all the formative assessment to help us make that judgement.

Inclusion and Equality

At Ranelagh, we pride ourselves with inclusion for all. Teachers will ensure that all pupils have fair access to the PE curriculum, regardless of gender, race, or ability, in accordance with the school's Equality Policy.

Health and Safety

Everyone has a duty under health & safety guidelines to ensure PE activities are carried out with due regard to the safety of staff and pupils in line with school, Local Authority and Health & Safety Policies. Advice can be sought from the Local Authority's adviser, or the staff members responsible for Health & Safety. Reference should be made to the school's Risk Assessments. All staff have a copy of the Health and Safety Policy in school documentation file.

- Staff should carry out risk assessments with the children at the start of all PE lessons.
- All equipment, apparatus and environment should be checked before the start of every lesson by teacher and is the responsibility of the teacher
- Children should be given health and safety guidance through the lesson
- All jewelry should be removed and stored safely before each lesson
- If children wear stud earrings, the child should take them out.
- All long hair should be tied back
- Suitable clothing should be worn for each lesson
- Children should not engage in physical activity without correct kit
- For indoor PE children should walk to the hall with suitable footwear on (pumps/trainers or school shoes)
- For gymnastics when the apparatus is being used suitable footwear should be worn (pumps or barefoot only)
- All children with verruca's should wear pumps
- Children who do not have a PE kit will take part in the lesson as an observer rather than a participator.

When travelling to sporting activity, the appropriate risk assessments are completed and the followed issues addressed:

- All children wear seat belts
- All supervising adults to be aware of risk implications
- All supervising adults that attend swimming to hold a current DBS
- All transporting adults to be fully insured
- Parent permission for taking children out of school obtained

- After school competitions children to be transported by their parents or a responsible adult who the child's parents have given permission.
- Staff, students and other visitors consistently apply safe-practice standards, across all aspects of the school.

Out of School Hours Provision

Depending on the time of the year, Ranelagh provides opportunities for children in wide variety of areas. These after school clubs are updated and changing according to the interests of the children.

All sports clubs are open to both girls and boys and a mixture of age groups. They are delivered by qualified coaches or teachers who deliver high quality lessons. The provision of Out of School Hours sports clubs is reviewed annually and registers are kept to ensure opportunities are provided for all children.

Timings

Each class will get two one-hour PE lessons weekly.

Role of the Coordinator

The role of the PE Coordinator involves

- Supporting colleagues in all aspects of the curriculum.
- Replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with record keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff, are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.